

Training course on Social Protection and Human Capital Development

Professional Development Training Course Outline

Category	Social Protection	Duration	5 Days
Base Fee	\$1,500 USD	Delivery Mode	Online / On-site Hybrid

Course Introduction

Social Protection and Human Capital Development is a pivotal and increasingly recognized area of intervention that highlights the transformative power of social protection programs to not only alleviate immediate poverty but also to foster long-term investments in people's health, education, and skills. Human capital – the knowledge, skills, and health that individuals accumulate throughout their lives – is a fundamental driver of economic growth, poverty reduction, and improved well-being. This course explores how social protection instruments, such as cash transfers, school feeding, health insurance, and public works, can be strategically designed and linked with complementary services to break intergenerational cycles of poverty, enhance capabilities, and unlock the full potential of individuals and nations. It recognizes that investing in social protection is a smart investment in human capital, yielding significant returns for both individuals and society. Training Course on Social Protection and Human Capital Development is meticulously designed to equip with the advanced theoretical insights and intensive practical tools necessary to excel in Social Protection and Human Capital Development. We will delve into the foundational concepts of human capital and its multi-dimensional components, master the intricacies of designing social protection programs with human capital objectives, and explore cutting-edge approaches to fostering improved health, nutrition, education, and skills. A significant focus will be placed on hands-on application, analyzing real-world complex case studies, and developing tailored program designs that foster holistic human capital accumulation. By integrating industry best practices, analyzing complex case studies, and engaging in intensive practical exercises, attendees will develop the strategic acumen to confidently lead and implement integrated social protection and human capital initiatives, fostering unparalleled individual well-being, economic productivity, and equitable societal progress.

Programme Curriculum

Training Course on Social Protection and Human Capital Development

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Course Objectives

Upon completion of this course, participants will be able to:

1. Analyze the fundamental concepts of **human capital** and its critical role in development.
2. Comprehend the strategic importance of **social protection in fostering human capital development**
3. Master the design of **cash transfer programs** to incentivize investments in health, education, and nutrition.
4. Develop expertise in leveraging **school feeding programs** for improved educational and nutritional outcomes.
5. Formulate strategies for linking social protection with **access to quality health services and health insurance**.
6. Understand the critical role of social protection in supporting **early childhood development (ECD)**.
7. Implement robust approaches to connecting social protection beneficiaries with **vocational training and skills development**.
8. Explore key strategies for **multi-sectoral coordination** between social protection and human development sectors.
9. Apply methodologies for conducting **human capital needs assessments** within social protection contexts.
10. Understand and address **gender, equity, and disability considerations** in human capital development strategies.
11. Develop preliminary skills in **monitoring and evaluating human capital outcomes** within social protection programs.
12. Design a comprehensive **social protection program with explicit human capital development objectives**.

13. Examine **global best practices and lessons learned** in linking social protection to human capital.

Target Audience

This course is essential for professionals involved in social protection, human development, and related sectors

1. **Social Protection Policymakers & Program Managers:** Designing and overseeing social protection interventions.
2. **Human Development Specialists:** Working on health, education, and skills development.
3. **Economists & Development Practitioners:** Focused on poverty reduction and human capital.
4. **Public Health Professionals:** Involved in nutrition and health service delivery.
5. **Educators & Education Planners:** Focusing on school enrollment and learning outcomes.
6. **Government Officials:** From ministries of social welfare, health, education, and finance.
7. **NGO & International Organization Staff:** Implementing integrated programs.
8. **Researchers:** Studying the impact of social protection on human capital.

Course Duration: 5 Days

Course Modules

Module 1: Foundations of Human Capital and its Components

- Define human capital and its dimensions: health, education, skills, and nutrition.
- Discuss the economic and social returns to investing in human capital.
- Understand the concept of intergenerational poverty transmission.
- Explore the life-cycle approach to human capital development.
- Identify key challenges to human capital accumulation for vulnerable populations.

Module 2: Strategic Role of Social Protection in Human Capital Development

- Comprehend how social protection acts as a foundation for human capital development.
- Discuss the protective, preventive, promotive, and transformative roles of social protection.
- Understand how social protection reduces risk and enables household investments in human capital.
- Explore the pathways from social protection to improved health, education, and nutrition outcomes.
- Identify different social protection instruments relevant to human capital.

Module 3: Cash Transfers for Health, Education, and Nutrition

- Master the design of cash transfer programs to incentivize human capital investments.
- Differentiate between conditional and unconditional cash transfers for health, education, and nutrition.
- Learn about conditionalities related to school attendance, health check-ups, and growth monitoring.
- Discuss the optimal transfer size and frequency to enable these investments.
- Analyze case studies of cash transfers effectively promoting human capital.

Module 4: School Feeding Programs and Educational Outcomes

- Develop expertise in leveraging school feeding programs for improved educational and nutritional outcomes.
- Understand how school feeding reduces short-term hunger and improves concentration.
- Discuss the impact of school feeding on enrollment, attendance, and learning.
- Explore linkages between school feeding and broader school health and nutrition programs.

- Analyze case studies of school feeding contributing to human capital.

Module 5: Social Protection and Access to Health Services

- Formulate strategies for linking social protection with access to quality health services.
- Learn about health insurance schemes and medical assistance programs for vulnerable groups.
- Discuss how social protection reduces financial barriers to healthcare utilization.
- Explore conditionalities or incentives linked to health-seeking behaviors (e.g., immunizations).
- Analyze examples of SP-health integrated programs.

Module 6: Social Protection and Early Childhood Development (ECD)

- Understand the critical role of social protection in supporting Early Childhood Development (ECD).
- Discuss how social protection impacts child nutrition, health, and early learning.
- Learn about ECD-sensitive design features in cash transfers and other programs.
- Explore the importance of supporting caregivers in providing nurturing environments.
- Analyze case studies of social protection fostering holistic ECD.

Module 7: Social Protection for Vocational Training and Skills Development

- Implement robust approaches to connecting social protection beneficiaries with skills development.
- Learn about leveraging cash transfers or public works for vocational training access.
- Discuss the role of social protection in reducing barriers to skills acquisition (e.g., forgone earnings).
- Explore linkages with labor market programs and job search assistance.
- Analyze case studies of social protection supporting human capital through skills.

Module 8: Multi-Sectoral Coordination and Global Best Practices

- Explore key strategies for multi-sectoral coordination between social protection and human development sectors.
- Discuss mechanisms for inter-ministerial collaboration (e.g., social welfare, health, education, labor).
- Learn about harmonizing program objectives, targeting, and data collection for human capital outcomes.
- Examine global best practices and lessons learned in linking social protection to human capital development.
- Discuss challenges and opportunities for future integration.

Training Methodology

- **Interactive Workshops:** Facilitated discussions, group exercises, and problem-solving activities.
- **Case Studies:** Real-world examples to illustrate successful community-based surveillance practices.
- **Role-Playing and Simulations:** Practice engaging communities in surveillance activities.
- **Expert Presentations:** Insights from experienced public health professionals and community leaders.
- **Group Projects:** Collaborative development of community surveillance plans.
- **Action Planning:** Development of personalized action plans for implementing community-based surveillance.
- **Digital Tools and Resources:** Utilization of online platforms for collaboration and learning.
- **Peer-to-Peer Learning:** Sharing experiences and insights on community engagement.
- **Post-Training Support:** Access to online forums, mentorship, and continued learning resources.

Register as a group from 3 participants for a Discount

Send us an email: info@fineskilltrainingcenter.org or call +254769199797

Certification

Upon successful completion of this training, participants will be issued with a globally recognized certificate.

Tailor-Made Course

We also offer tailor-made courses based on your needs.

Key Notes

- Participants must be conversant in English.
- Upon completion of training, participants will receive an Authorized Training Certificate.
- The course duration is flexible and can be modified to fit any number of days.
- Course fee includes facilitation, training materials, 2 coffee breaks, buffet lunch, and a Certificate upon successful completion.
- One-year post-training support, consultation, and coaching provided after the course.
- Payment should be made at least a week before the training commencement to Fineskill Training Center account, as indicated in the invoice, to enable better preparation.

Upcoming Scheduled Sessions

Start Date	End Date	Location	Price
21 Sep 2026	25 Sep 2026	Online	\$1,000
21 Sep 2026	25 Sep 2026	Physical	\$1,500
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0
21 Sep 2026	25 Sep 2026	Physical	\$0

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